



DRIVER
DEVELOPMENT
PROGRAM

**Driver School
Schedule
August 2020**

2020 VRG School Schedule (subject to revision)

VRG School – Tuesday, August 4 - Evening Activities
~ 6:00PM - Track access opens for School
~ 700PM - Registration in middle classroom
~ 7:00PM to 9:00PM - Meet Instructors in main classroom

VRG Driver School - Wednesday, August 5 - Morning Exercise Schedule					
Start	Duration	Activity	Green	White	Blue
7:00	0:45	Team Meeting	Classroom - All Instructors/School Personnel		
7:30	0:30	Break	All Student Groups Cars (Green, White, Blue) to False Grid Collect Students into classroom for 8:00 AM		
8:00	0:45	Morning Classroom	Classroom-All Student Groups (Green, White, Blue)		
8:45	0:15	Break & Move	Head out to assigned activity Green Group Cars - False Grid	Head out to assigned activity White Group Cars - to Skid Pad	Head out to assigned activity Blue Group Cars - to Peninsula
9:00	0:20	Exercise 1	Short-Track: Ride-Around	Skid Pad (BSR Cars)	Peninsula/Car Control
9:20	0:10	Break & Move	Green Group Cars to Peninsula	White Group Cars to False Grid	Blue Group Cars to Skid Pad
9:30	0:20	Exercise 2	Peninsula/Car Control	Short-Track: Ride-Around	Skid Pad (BSR Cars)
9:50	0:10	Break & Move	Green Group Cars to Skid Pad	White Group Cars to Peninsula	Blue Group Cars to False Grid
10:00	0:20	Exercise 3	Skid Pad (BSR Cars)	Peninsula/Car Control	Short-Track: Ride-Around
10:20	0:10	Break & Move	Green Group Cars to False Grid	White Group Cars to Skid Pad	Blue Group Cars to Peninsula
10:30	0:20	Exercise 4	Short-Track: Lead-Follow	Skid Pad (BSR Cars)	Peninsula/Car Control
10:50	0:10	Break & Move	Green Group Cars to Peninsula	White Group Cars to False Grid	Blue Group Cars to Skid Pad
11:00	0:20	Exercise 5	Peninsula/Car Control	Short-Track: Lead-Follow	Skid Pad (BSR Cars)
11:20	0:10	Break & Move	Green Group Cars to Skid Pad	White Group Cars to Peninsula	Blue Group Cars to False Grid
11:30	0:20	Exercise 6	Skid Pad (BSR Cars)	Peninsula/Car Control	Short-Track: Lead-Follow
11:50	0:10	Lunch Break	All Cars to Paddock - All students bring lunch to the Classroom		

VRG Driver School - Wednesday, August 5 - Afternoon Exercise Schedule					
Start	Duration	Activity	Green	White	Blue
12:00	0:45	Lunch-N-Learn	Classroom-All Student Groups (Green, White, Blue)		
12:45	0:15	Return from lunch	Head out to assigned activity - Green Group Cars to False Grid	Head out to assigned activity - White Group Cars to False Grid	Head out to assigned activity - Blue Group Cars to False Grid
13:00	0:20	Exercise 7	Full-Track: Ride-Around (BSR)	Classroom	Individual Coaching/Group Instructors
13:20	0:05	Break & Move	Green Group Cars to False Grid	White Group Cars to False Grid	Blue Group Cars to False Grid
13:25	0:20	Exercise 8	Individual Coaching/Group Instructors	Full-Track: Ride-Around (BSR)	Classroom
13:45	0:05	Break & Move	Green Group Cars to False Grid	White Group Cars to False Grid	Blue Group Cars to False Grid
13:50	0:20	Exercise 9	Classroom	Individual Coaching/Group Instructors	Full-Track: Ride-Around (BSR)
14:10	0:05	Break & Move	Green Group Cars to False Grid	White Group Cars to False Grid	Blue Group Cars to False Grid
14:15	0:20	Exercise 10	Full-Track: Lead-Follow - Full-Track: Open Practice	Classroom	Individual Coaching/Group Instructors
14:35	0:05	Break & Move	Green Group Cars to False Grid	White Group Cars to False Grid	Blue Group Cars to False Grid
14:40	0:20	Exercise 11	Individual Coaching/Group Instructors	Full-Track: Lead-Follow - Full-Track: Open Practice	Classroom
15:00	0:05	Break & Move	Green Group Cars to False Grid	White Group Cars to False Grid	Blue Group Cars to False Grid
15:05	0:20	Exercise 12	Classroom	Individual Coaching/Group Instructors	Full-Track: Lead-Follow - Full-Track: Open Practice
15:25	0:05	Break & Move	Green Group Cars to False Grid	White Group Cars to False Grid	Blue Group Cars to False Grid
15:30	0:20	Exercise 13	Full-Track: Open Practice	Classroom	Individual Coaching/Group Instructors
15:50	0:05	Break & Move	Green Group Cars to False Grid	White Group Cars to False Grid	Blue Group Cars to False Grid
15:55	0:20	Exercise 14	Individual Coaching/Group Instructors	Full-Track: Open Practice	Classroom
16:15	0:05	Break & Move	Green Group Cars to Paddock	White Group Cars to Paddock	Blue Group Cars to False Grid
16:20	0:20	Exercise 15	Classroom	Individual Coaching/Group Instructors	Full-Track: Open Practice
16:40	0:20	Break & Move	All Student Cars to Paddock	All Students into classroom for 5:00 PM	
17:00	0:30	Classroom	Classroom-All Student Groups (Green, White, Blue)		
17:30	1:00	Break & Move	All Student Groups Cars (Green, White, Blue) to VRG Tech Inspection		

VRG Driver School - Thursday, August 6 - Exercise Schedule						
Start	End	Duration	Activity	Green	White	Blue
7:00	8:00	1:00	Car Prep	All Student Groups Cars (Green, White, Blue) Prep for On-Track Sessions Collect Students into classroom for 8:00am		
7:30	7:45	0:15	Instructor Meeting	Classroom		
8:00	9:00	1:00	<i>VRG Practice as Scheduled</i>	<i>Jeff 500 Practice by Group</i>		
8:00	8:45	0:45	Morning Classroom - Reconvene	Classroom-All Student Groups (Green, White, Blue)		
8:45	9:00	0:15	Break & Move	All Student Groups Cars (Green, White, Blue) to False Grid		
9:00	9:45	0:45	School Full Track Practice	All Student Groups (Green, White, Blue) On-Track Practice		
9:45	10:00	0:15	Break & Move	All Student Groups Cars (Green, White, Blue) to Paddock All Students to classroom for 10:00 AM		
9:45	10:00	0:15	Instructor Meeting	Classroom		
9:45	11:15	1:30	<i>VRG Practice as Scheduled</i>	<i>Jeff 500 Practice by Group</i>		
10:00	11:00	1:00	Classroom - Race Starts	Classroom-All Student Groups (Green, White, Blue)		
11:00	11:15	0:15	Break & Move	All Student Groups Cars (Green, White, Blue) to False Grid		
11:15	12:00	0:45	School - Practice Starts	All Student Groups (Green, White, Blue) On-Track Practice Starts		
12:00	12:15	0:15	Break & Move	All Student Groups Cars (Green, White, Blue) to Paddock All Students to classroom for 12:15 PM		
12:00	12:15	0:15	Instructor Meeting	Classroom		
12:15	13:30	1:15	Classroom - Lunch/Graduation	Classroom-All Student Groups (Green, White, Blue)		
14:00	17:30	3:30	<i>VRG Practice as Scheduled</i>	<i>Graduated Students participate in Jeff 500 Practice by Group</i>		

Schedule Notes

The VRG School provides a lot of learning in just 1-1/2 days in order to prepare you for vintage racing with us. For that to be possible you must fully participate in all classroom sessions, on-track exercises and individual coaching opportunities. You and your crew must make sure of the following:

- Your **car** must be ready for every on-track exercise:
 - Fuel added
 - Oil, water and brake fluid checked
 - Battery Charged (particularly on Formula Cars and Sports Racers!)
 - Tire pressures set
 - Wheel tightness checked
 - On the false grid, or designated location (see schedule), in plenty of time to make the exercise
- **You** must be ready for every activity:
 - Make sure your crew knows what to do to the car
 - Hydrate regularly
 - Take bathroom breaks between sessions
 - Have light meals or snacks as needed
 - Have your crew bring your lunch to the classroom for the noontime sessions both days

How to Pass the School

The philosophy of the VRG Driver Education and Development program is: “**Safety First leads to Safety Fast**”. To pass the School and succeed as a vintage racing driver you must have the **Vintage Attitude**:

- Understand the **VRG Philosophy**
- Are open to **Learning**
- Are **Well Prepared** for the School
- Understand that “**the Cars are the Stars**”
- Demonstrate **Situational Awareness** and **Ocular Driving**
- Are willing to safely experiment and stretch your **Car Control** skills

By the end of the School you will be evaluated on your ability to safely drive at racing speeds in race traffic. As instructors, the question we ask ourselves is this: “**Am I willing to share the track in a vintage race with this student?**”

VRG Success Swoosh – from Safety FIRST to Safety FAST

***Driver Development
Swoosh ...***



Doug Meis’ Prime Directive

“Don’t do anything in this session that will prevent you from driving in the next one!”

McCormack’s Corollary

“When you spin, put both feet in until the car stops!”

Austin’s Axiom

“Play smart on the track now – enjoy the party later!”

Acknowledgement

This Supplement and the VRG School, as a whole, is an evolution of many hours of original volunteer work donated by Ed Valpey, VRG’s first Chief Driving Instructor, without whose selfless efforts this School would not have been possible.