



DRIVER
DEVELOPMENT
PROGRAM

**Driver School
Schedule
May 2019**

2019 VRG School Schedule (subject to revision)

VRG School – Tuesday May 14 - Evening Activities
~ 6:00PM - Track access opens for School
~ 700PM - Registration in middle classroom
~ 7:00PM to 9:00PM - Meet Instructors in main classroom

VRG School – Wednesday May 15 - Morning Exercise Schedule					
Start		Activity	Green	White	Blue
8:00	45m	Morning Classroom	Classroom		
8:45	15m	Break & Move	Head out to assigned activity Green Group Cars to False Grid	Head out to assigned activity White Group Cars to False Grid	Head out to assigned activity Blue Group Cars to Peninsula
9:00	20m	Exercise 1	Short-Track: Ride-Around	Skid Pad	Peninsula
9:20	10m	Break & Move	Green Group Cars to Peninsula	White Group to False Grid	Blue Group Cars to False Grid
9:30	20m	Exercise 2	Peninsula	Short-Track: Ride-Around	Skid Pad
9:50	10m	Break & Move	Green Group Cars to False Grid	White Group Cars to Peninsula	Blue Group to False Grid
10:00	20m	Exercise 3	Skid Pad	Peninsula	Short-Track: Ride-Around
10:20	10m	Break & Move	Green Group to False Grid	White Group Cars to False Grid	Blue Group Cars to Peninsula
10:30	20m	Exercise 4	Short-Track: Lead-Follow	Skid Pad	Peninsula
10:50	10m	Break & Move	Green Group Cars to Peninsula	White Group to False Grid	Blue Group Cars to False Grid
11:00	20m	Exercise 5	Peninsula	Short-Track: Lead-Follow	Skid Pad
11:20	10m	Break & Move	Green Group Cars to Paddock	White Group Cars to Peninsula	Blue Group to False Grid
11:30	20m	Exercise 6	Skid Pad	Peninsula	Short-Track: Lead-Follow
11:50	10m	Break for Lunch	Bring lunch to the Classroom	White Group Cars to Paddock Bring lunch to the Classroom	Blue Group Cars to Paddock Bring lunch to the Classroom

VRG School – Wednesday May 15 - Afternoon Exercise Schedule					
Start		Activity	Green	White	Blue
12:00	45m	Lunch-N-Learn	Classroom		
12:45	15m	Return from lunch	Head out to assigned activity Green Group Cars to False Grid	Head out to assigned activity White Group Cars to False Grid	Head out to assigned activity
1:00	25m	Exercise 7	Full-Track: Ride-Around (BSR) and Lead-Follow	Classroom	Break & Coaching Blue Group Cars to False Grid
1:25	25m	Exercise 8	Break & Coaching Green Group Cars to False Grid	Full-Track: Ride-Around (BSR) and Lead-Follow	Classroom
1:50	25m	Exercise 9	Classroom	Break & Coaching White Group Cars to False Grid	Full-Track: Ride-Around (BSR) and Lead-Follow
2:15	25m	Exercise 10	Full-Track: Lead-Follow and Open Practice	Classroom	Break & Coaching Blue Group Cars to False Grid
2:40	25m	Exercise 11	Break & Coaching Green Group Cars to False Grid	Full-Track: Lead-Follow and Open Practice	Classroom
3:05	25m	Exercise 12	Classroom	Break & Coaching White Group Cars to False Grid	Full-Track: Lead-Follow and Open Practice
3:30	25m	Exercise 13	Full-Track: Open Practice	Classroom	Break & Coaching Blue Group Cars to False Grid
3:55	25m	Exercise 14	Green Group Cars to Paddock Break & Coaching	Full-Track: Open Practice	Classroom
4:20	25m	Exercise 15	Classroom	White Group Cars to Paddock Break & Coaching	Full-Track: Open Practice
4:45	15m	Break & Move			Blue Group Cars to Paddock
5:00	30m	Afternoon Classroom	Classroom		
Ad Hoc		Tech Inspection	Pit and Paddock		

VRG School – Thursday May 16 - Exercise Schedule		
Start		Activity
8:00	45m	Morning Classroom - Reconvene
8:00		<i>VRG Practice as Scheduled</i>
9:00	40m	School Full Track Practice
9:40		<i>VRG Practice as Scheduled</i>
9:40		Instructor Meeting
10:00	45m	Classroom - Race Starts
11:00	45m	School - Practice Starts
11:45		Instructor Meeting
12:00	1:00 PM	Classroom - Lunch/Graduation
1:00	5:00 PM	<i>VRG Practice as Scheduled</i>

Schedule Notes

The VRG School provides a lot of learning in just 1-1/2 days in order to prepare you for vintage racing with us. For that to be possible you must fully participate in all classroom sessions, on-track exercises and individual coaching opportunities. You and your crew must make sure of the following:

- Your **car** must be ready for every on-track exercise:
 - Fuel added
 - Oil, water and brake fluid checked
 - Battery Charged (particularly on Formula Cars and Sports Racers!)
 - Tire pressures set
 - Wheel tightness checked
 - On the false grid in plenty of time to make the exercise
- **You** must be ready for every activity:
 - Make sure you crew knows what to do to the car
 - Hydrate regularly
 - Take bathroom breaks between sessions
 - Have light meals or snacks as needed
 - Have your crew bring your lunch to the classroom for the noontime sessions both days

How to Pass the School

The philosophy of the VRG Driver Education and Development program is: “**Safety First leads to Safety Fast**”. To pass the School and succeed as a vintage racing driver you must have the **Vintage Attitude**:

- Understand the **VRG Philosophy**
- Are open to learning
- Are well prepared for the School
- Understand that “**the Cars are the Stars**”
- Demonstrate **Situational Awareness** and **Ocular Driving**
- Are willing to safely experiment and stretch your **Car Control** skills

By the end of the School you will be evaluated on your ability to safely drive at racing speeds in race traffic. As instructors the question we ask ourselves is this: “Am I willing to share the track in a vintage race with this student?”

VRG Success Swoosh – from Safety **FIRST** to Safety **FAST**

Driver Development Swoosh ...



Doug Meis' Prime Directive

*“Don't do anything in **this** session that will prevent you from driving in the **next** one!”*

McCormack's Corollary

*“When you **spin**, put **both feet in** until the car stops!”*

Austin's Axiom

*“**Play smart** on the track now – enjoy the **party later!**”*

Acknowledgement

This Supplement and the VRG School as a whole is an evolution of many hours of original volunteer work donated by Ed Valpey, VRG's first Chief Driving Instructor, without whose selfless efforts this School would not have been possible.